

ArizonaFamilyTherapy.com
Passages Program Schedule for 2020

Survivors of Trauma and Loss

February 7, 8 and 9, 2020, 9a.m. – 5p.m. Cost: \$850

This program supports healing for individuals recovering from life's traumas and losses. Whether it is tragic life events or the death(s) of significant individuals this workshop offers support and healing for you in your grieving and healing process.

The Power of Story

April 3, 4, and 5, 2020, 9a.m. – 5p.m. Cost: \$850

Making peace with the past, with our story, is an integral component of emotional recovery. This program uses Experiential Therapy to help you experience resolution of traumas, gain insight, and awareness into your story and find peace.

Medicators

June 5, 6, and 7, 2020, 9a.m. – 5p.m. Cost: \$850

Learn about your medicating and addictive behaviors that are self-destructive and keep you from connecting with others. Gain an understanding and move from medicating behaviors to a place of self-care and self-love. Address how shame keeps you in your negative behaviors and keeps you from your true self. This is an amazing 3 day program of self-discovery and awareness.

Emotional Disease

August 7, 8, and 9, 2020, 9a.m. – 5p.m. Cost: \$850

Learn about your codependent, medicating and addictive behaviors. Gain understanding and healing from behavioral processes and/or chemical addictions. Understand the power of generational disease and its impact. Learn new skills for moving forward. Address negative behaviors of self and others that prevents healthy attachment and peace.

Passages Healing Program and Reconstruction

October 23, 24, and 25, 2020, 8a.m. – Till.... Cost: \$850

Passages Healing Program is designed to promote awareness and growth. Come participate in this life changing experience! It is an amazing opportunity for you to work on trauma, attachment, addictions and the healing of family of origin issues.